



Team Switzerland
U16 Women's National Team
Stützpunkt ZENTRAL, Langnau
16 October 2024

<u>Date</u>	<u>Time</u>	<u>Activity</u>	<u>Place</u>	
Wed,	16 Oct	08.30	Meeting Point	Campus Langnau
		08.45 - 09.45	Off ice Practice	Athletikhalle
		10.00 - 11.30	On ice Practice	Campus Langnau
		afterwards	Cooldown	Campus Langnau
		12.15	Lunch	Bistro46
		13.00	Team Meeting	Campus Langnau
		14.00 - 14.25	Warm up Off ice	Draussen
		14.45 - 16.00	On ice Practice	Campus Langnau
		16.30	release	Campus Langnau